

REFER CRYSTAL TO YOUR FRIENDS AND FAMILY AND AS A THANK YOU, BOTH YOU AND YOUR FRIEND WILL RECEIVE A

\$20 GIFT

YOU WILL RECEIVE A GIFT CARD TO EITHER TARGET, STARBUCKS OR ZYIA ACTIVEWEAR. YOUR FRIEND WILL RECEIVE \$20 OFF A HYPNOBIRTHING COURSE.

• GIFT WILL BE DISTRIBUTED ONLY AFTER FRIEND HAS COMPLETED

HYPNOBIRTHING COURSE •

MUCH LOVE AND MANY THANKS!